

**Illinois Law Enforcement Training and Standards Board  
Board Approved Guidelines**



**EFFECTIVE JANUARY 1, 2022**

**When determining minimum in-service training requirements that a police officer must satisfactorily complete, only Board Certified courses that comply with Board approved guidelines will be considered. These Guidelines are in compliance with state laws effective January 1, 2022.**

*Board Policy Adopted September 9, 2021*

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## Key Civil Rights Guidelines

In order to assist law enforcement agencies in accessing the widest possible variety of in-service mandated **Civil Rights** Training (P.A. 99-352), the Training Board has outlined the types of in-service training that would meet the mandate.

Any certified training course that contains any of the following **Civil Rights** Guidelines would be eligible to comply with the mandate:

- Constitutional Rights
  - Freedom of Assembly
    - Crowd Control
  - Search & Seizure
    - Powers of Arrest
    - Probable Cause
    - Rights of Homeowners
    - Rights of Vehicle Occupants
    - Warrants
  - Self-Incrimination
    - Required Warnings to Suspects
    - Interview and Interrogation
  - Right to Counsel
  - Cruel and Unusual Punishment
    - Excessive Use of Force
  
- Civil Liability
  - Unreasonable Use of Force
  - False Arrest
  - Illegal Searches
  - Local Governmental Tort Immunity
  - 42 U.S.C Section 1983 Actions
  - Pre-Trial Publicity – Protecting the Rights of the Accused
  
- Criminal Liability
  - Official Misconduct
  - Prohibited Use of Force
  - Federal Civil Rights
  - Concealment of Exculpatory Information

## Key Constitutional and Proper Use of Law Enforcement Authority

### Guidelines

In order to assist law enforcement agencies in accessing the widest possible variety of in-service mandated **Constitutional and Proper Use of Law Enforcement Authority** Training (P.A. 99-352), the Training Board has outlined the types of in-service training that would meet the mandate.

Any certified training course that contains any of the following **Constitutional and Proper Use of Law Enforcement Authority** Guidelines would be eligible to comply with the mandate:

- U.S. Constitution's relevance to policing in today's society
  - Amendments impacting criminal procedure
  - Supreme Court cases that guide police policy, procedure and behavior
  
- Constitutional Rights
  - Freedom of Assembly
    - Crowd Control
  - Search & Seizure
    - Powers of Arrest
    - Probable Cause
    - Rights of Homeowners
    - Rights of Vehicle Occupants
    - Warrants
  - Self-Incrimination
    - Required Warnings to Suspects
    - Interview and Interrogation
  - Right to Counsel
  - Cruel and Unusual Punishment
    - Excessive Use of Force
  
- Limitations of Law Enforcement Authority
  - Fruit of the Poisonous Tree Doctrine
    - Exclusionary Rule
  - Jurisdictional Issues
  - Civil Liability
    - Unreasonable Use of Force
    - False Arrest
    - Illegal Searches
    - Local Governmental Tort Immunity
    - 42 U.S.C Section 1983 Actions
    - Pre-Trial Publicity – Protecting the Rights of the Accused

## Key Crisis Intervention Training Guidelines

In order to assist law enforcement agencies in accessing the widest possible variety of in-service mandated **Crisis Intervention Training** (P.A. 101-652), the Training Board has outlined the types of in-service training that would meet the mandate.

Any certified training course that contains any of the following **Crisis Intervention Training** Guidelines would be eligible to comply with the mandate:

- History of Mental Health
  - Causes
  - Signs & Symptoms
  - ADA & Other Mental Health Laws
  - Mental Health and Developmental Disability Code
  
- Types of Mental Illness
  - Anxiety Disorders
  - Post-Traumatic Stress Disorder
  - Depression
  - Psychotic Disorders
    - Schizophrenia
    - Addictions
    - Bipolar Disorder
  - Personality Disorders
  - Alzheimer's & Dementia
  - Autism & Developmental Disabilities
  
- De-escalation Techniques
  
- Crisis Intervention
  - Mental Health Awareness and Response: Introduction to CIT
  - 40 hour Crisis Intervention Team Training
  - Crisis Recognition
  
- Treatment
  - Hospitalization
  - Medications
  - Counseling
  - Resources
  
- Police Stress/Suicide
  - Causes
  - Officer Wellness
  - Intervention

## Key Cultural Competency Guidelines (including implicit bias and racial and ethnic sensitivity)

In order to assist law enforcement agencies in accessing the widest possible variety of in-service mandated **Cultural Competency** Training (P.A. 99-352 and P.A. 101-0652), the Training Board has outlined the types of in-service training that would meet the mandate.

Pursuant to P.A. 101-0652, any certified **Cultural Competency** training MUST contain training on implicit bias and racial and ethnic sensitivity.

In addition to training specifically covering implicit bias and racial and ethnic sensitivity, a certified **Cultural Competency** training course may also contain any of the following additional **Cultural Competency** Guidelines and would be eligible to comply with the mandate:

- Supervisory Cultural Competency
  - How Changing Demographics Affect Police Services
  - Understanding Cultural Differences within your Agency
  - Elimination of Discriminatory Practices
  - Understanding Generational Differences
  
- First Responder Cultural Competency
  - Language Skills
  - Non-verbal Communication of Different Cultures
  - LGBTQ+ Awareness
  - Understanding Community Perception
  - Implicit Bias
  - Cultural Conflict Recognition
  
- Community Policing
  - Overcoming Bias Against Police
  - Building Trust and Legitimacy within Diverse Communities
  - Problem Solving – Bridging Gaps Between Police and Community
  - History of Racial Profiling
    - Stop Cards

## Key Emergency Medical Response Training and Certification Guidelines

In order to assist law enforcement agencies in accessing the widest possible variety of in-service mandated **Emergency Medical Response Training and Certification** (P.A. 101-652), the Training Board has outlined the types of in-service training that would meet the mandate.

Any certified training course that contains a hands on, performance based skills check of the particular skills covered in the course of any of the following **Emergency Medical Response Training and Certification** Guidelines would be eligible to comply with the mandate:

- How to recognize an emergency and size up the scene
- Activate and work with the emergency medical services (EMS) system
- Legal concepts and considerations
  - For lay responders, including consent and the purpose of Good Samaritan laws
  - Applied to situations that a professional rescuer might encounter
- Standard precautions to take to prevent disease transmission when providing care
- How to check a person who is responsive for life-threatening and non-life-threatening conditions
- How to check an injured or ill person who appears to be unresponsive
- Signs and symptoms of a heart attack, and describe appropriate first aid care for a person who is showing these signs and symptoms
  - Links in the Cardiac Chain of Survival
  - CPR and use of an automated external defibrillator (AED) for a person who is in cardiac arrest
- First aid care for a person who is choking
- Signs and symptoms of shock, and appropriate first aid care for a person who is showing these signs and symptoms
- Signs and symptoms of, and appropriate first aid care for, the following sudden illnesses: breathing emergencies, diabetic emergencies, seizures, fainting and stroke
- How to safely and effectively give ventilations (how to safely and effectively use a bag-valve-mask (BVM) resuscitator with two rescuers)



- Methods used to control external bleeding, including the application of direct pressure and the application of a commercial tourniquet
  - Application of direct pressure to control external bleeding
  - Application of wound packing to control external bleeding
  - Use of a commercial tourniquet and the basic principles of using a tourniquet
  - Application of a tourniquet (commercial and/or improvised) to control external bleeding
- Signs and symptoms of, and appropriate first aid care for, the following injuries: burns; muscle, bone and joint injuries; and head, neck and spinal injuries (including concussion)
- Signs and symptoms of, and appropriate first aid care for, the following environmental injuries and illnesses: heat-related illnesses, cold-related illnesses and poisoning
- Recognizing anaphylaxis
  - Differentiate between a mild allergic and a severe (anaphylactic) reaction
  - Application of the emergency action steps to an anaphylaxis emergency
- Steps for administering and demonstrate how to use an epinephrine auto-injector
  - Maintaining an epinephrine auto-injector
- Strategies for treating wounded responders in threatening environments
- Techniques for dragging and carrying victims to safety

## Key Lead Homicide Investigator In-Service Training Renewal Guidelines

In order to assist law enforcement agencies in accessing the widest possible variety of 32 hours of in-service training (20 Ill. Adm. Code 1720.350), the Training Board has outlined the types of in-service training that would meet the requirement.

- Death/Homicide Investigative Techniques  
From basic homicide investigator course to advanced investigative techniques
- Types of Death  
From legal definitions to coroner/medical examiner “manner of death”
- Specific Death/Homicide Investigations  
From traffic accidents to child death to domestically related homicides, etc.
- Crime Profiling  
From victim profiling, VICAP, offender profiling to crime analysis, etc.
- Crime Scene Management  
From securing the scene to documentation to processing, etc.
- Legal issues  
From evidence collection to warrants to interviews, etc.
- Interview & Interrogation  
From basic skills to death notification to ERHI/Miranda, etc.
- Investigative Resources  
From basic records to crime analysis to social media
- Investigative Partnerships  
From coroners to task forces to media relations
- Case Supervision/Management/Court Preparation  
From documentation to case preparation to testimony, etc.
- Victims’ Rights  
From initial contact to family to notifications
- Ethical/Confidentiality Issues  
From security of evidence and case files to texts/photos/social media, etc.

## Key Human Rights Guidelines

In order to assist law enforcement agencies in accessing the widest possible variety of in-service mandated **Human Rights** Training (P.A. 99-352), the Training Board has outlined the types of in-service training that would meet the mandate.

Any certified training course that contains any of the following **Human Rights** Guidelines would be eligible to comply with the mandate:

- Illinois Human Rights Act
  - Protecting Personal Dignity
  - Mental Health Intervention
  - Agency Recruitment/Hiring Policies
  - Protecting Those with Disabilities
  - Crises Intervention
  
- Domestic Violence
  - Orders of Protection
  - Propensity Evidence
  
- Sex Crimes
  - Human Trafficking
  - Sexual Assault
  - Sexual Abuse
  - Propensity Evidence
  - Agency Harassment Policies
  
- Hate Crimes
  - Rights of LGBT
  - Violence based on Race or Religion
  - Violence based upon Nationality
  - Verbal Communication Skills in Foreign Languages
  
- Crimes Against the Elderly
  - Elder Abuse
  - Financial Exploitation
  
- Crimes Against Children
  - Child Pornography
  - Child Exploitation
  - Missing Children
  - Child Abuse

## Key Law Update Guidelines

In order to assist law enforcement agencies in accessing the widest possible variety of in-service mandated **Law Update** Training (P.A. 99-352), the Training Board has outlined the types of in-service training that would meet the mandate.

Any certified training course that contains any of the following **Law Update** Guidelines would be eligible to comply with the mandate:

- Recent Illinois Statutes that affect law enforcement
  - Additions to the Illinois Criminal Code
  - Additions to the Illinois Vehicle Code
  - Changes to the Juvenile Law
  - Police Community Relations Improvement Act
  - Concealed Carry Firearms
  - The Rights of Crime Victims and Witnesses Act
  - Changes to Domestic Violence Act
  - Sexual Assault Incident Procedure Act
  - The Rights of Crime Victims and Witnesses Act
- Recent Federal Statutes that affect law enforcement.
  - Changes to Federal Administrative Rules
- Recent Federal or State Case law decided that affects law enforcement
  - Constitutional Issues
    - Search and Seizure
    - Exclusionary Rules
    - Right to Counsel
- Procedural and substantive legal issues important to patrol officers and investigators
  - Interviews and Interrogations
  - Identification Procedures
  - Propensity Evidence
  - Civil Liability and Qualified Immunity
- Recent Federal or State Case law decided that affects law enforcement
  - Search and Seizure
  - Exclusionary Rules
  - Right to Counsel
- Impaired & Distracted Driving
  - Medical Marijuana
  - SFST Refresher
  - Advanced Roadside Impaired Driving Enforcement
  - Drug Recognition

## Key Officer Wellness and Mental Health Guidelines

In order to assist law enforcement agencies in accessing the widest possible variety of in-service mandated **Officer Wellness and Mental Health** Training (P.A. 101-0215 and P.A. 101-0652), the Training Board has outlined the types of in-service training that would meet the mandate.

Any certified training course that contains any of the following **Officer Wellness and Mental Health** Guidelines would be eligible to comply with the mandate:

- Mental Health and Suicide Prevention
  - Job Related Stress Management Techniques
  - Recognizing Signs and Symptoms of Work-Related Cumulative Stress
  - Recognition of Other Issues That May Lead to Officer Suicide
  - Solutions for Intervention
  - Peer Support Resources
  
- Financial Wellness
  - Understanding Personal Finances
  - Guidance with Financial Decisions
  - Understanding Savings & Investments
  - Retirement Planning
  - Protecting the Financial Needs of Family Members
  
- Physical Health and Fitness
  - Building Departmental Fitness Programs
  - Fitness Training Programs
  - Proper Nutrition
  - Disease Prevention
  - Importance of Sleep, Hydration, and Supplementation

## Key Procedural Justice Guidelines

In order to assist law enforcement agencies in accessing the widest possible variety of in-service mandated **Procedural Justice** Training (P.A. 99-352), the Training Board has outlined the types of in-service training that would meet the mandate.

Any certified training course that contains any of the following **Procedural Justice** Guidelines would be eligible to comply with the mandate:

- Supervisory Procedural Justice – Fairness and Consistency
  - Leadership Development
  - Effective Supervision
  - Organizational Policy and Oversight
  - Officer Wellness & Safety
  - Recruiting to reflect community diversity
  
- First Responder Procedural Justice – Impartiality
  - Reasonable Use of Force
  - De-escalation Training
  - Crisis Intervention Team Training
  - Verbal and Non-verbal communication
  - Bias Awareness
  - Language and Cultural Responsiveness
  - Trauma and Victim Services
  - Disease of Addiction
  
- Community Relationships – Voice & Transparency
  - Problem Oriented Policing
  - Technology and Social Media
  - Neighborhood Crime Analysis
  - Public Dialog
  - Dispute Resolution
  - Public Perception
  - Building Trust and Legitimacy

## Key Psychology of Domestic Violence Training Guidelines

In order to assist law enforcement agencies in accessing the widest possible variety of in-service mandated **Psychology of Domestic Violence** Training (P.A. 99-810), the Training Board has outlined the types of in-service training that would meet the mandate.

Any Certified training course that contains any of the following **Psychology of Domestic Violence** would be eligible to comply with the mandate:

- Actions of Domestic Violence Abusers
- Actions of Domestic Violence Victims
- Domestic Violence Case Studies
- Domestic Violence Protocols
- Dynamics of Aggressor –Victim Relationships
- Evaluation claims where both parties claim to be victims
- Illinois Statutes related to domestic violence including but not limited to evidence of other domestic violence crimes 725 ILCS 5/115-7.4
- Impact of police failure to respond to domestic violence
- Impact of police response to domestic violence
- Interpretation of injuries
- Long term effects of domestic violence
- No stalking contact orders
- Offender manipulation
- Orders of protection
- Outside resources
- Physical and psychological impact of domestic violence
- Power and control
- Prevention techniques to stop further victimization
- Psychology of domestic violence
- Role of advocates
- Stalking behavior
- Domestic Violence Victim centered investigations

## Key Reporting Child Abuse and Neglect Guidelines

In order to assist law enforcement agencies in accessing the widest possible variety of in-service mandated **Reporting Child Abuse and Neglect** Training (P.A. 101-564), the Training Board has outlined the types of in-service training that would meet the mandate.

Any certified training course that contains any of the following **Reporting Child Abuse and Neglect** Guidelines would be eligible to comply with the mandate:

- Abused and Neglected Child Reporting Act
  - Terms & Definitions
  - Policies and Procedures for investigating-
    - Abuse
    - Endangerment
    - Neglect
  
- Juvenile Court Act
  - Taking into Custody
  - Duties of an Officer
  - Notification of Department of Children and Family Services
  - Mandated Reporters
  - Illinois Child Abuse Hotline
  
- Abduction and AMBER Alert
  - Kidnapping
  - Human Trafficking
  - Unlawful Restraint
  - Child Abduction
  - Luring of a Minor



## Key Sexual Assault/Abuse Investigator Training Guidelines

P.A. 99-0801 amended the Police Training Act and mandated training for all officers and investigators in trauma-informed responses to investigations of sexual assault and sexual abuse crimes. In order to assist law enforcement agencies in accessing in-service **Sexual Assault/Abuse Investigator Training**, the training MUST include, but is not limited to, the following:

- Responding officer duties
- Duties of officer investigating sexual assault/abuse
- Supervisor's duties
- Report writing
- Reporting methods
- Trauma-Informed interviewing techniques
- Evidence Collection (including, but not limited to physical, medical, and computer/electronics)
- Sexual Assault medical forensic examinations
- Offender characteristics
- Suspect interviews
- Suspect forensic exams
- Witness interviews
- Working with victim advocates
- Working with prosecutors
- Victims' rights
- Victim notification
- Consideration for specific populations or communities
- Applicable Illinois sexual assault/abuse laws

Any Certified training course that contains all of the above would be eligible to comply with the mandate. Note, Sexual Assault/Abuse Investigators MUST also attend the Sexual Assault/Abuse Trauma-Informed Response Training.

## Key Sexual Assault/Abuse Trauma-Informed Response Training Guidelines

P.A. 99-0801 amended the Police Training Act and mandated training for all officers and investigators in trauma-informed responses to investigations of sexual assault and sexual abuse crimes. In order to assist law enforcement agencies in accessing in-service **Sexual Assault/Abuse Trauma-Informed Response** Training, the training MUST include, but is not limited to, the following:

- Recognizing the symptoms of Trauma
- Understanding the role trauma has played in the victim's life
- Responding to the needs and concerns of a victim
- Delivering services in a compassionate, sensitive, and nonjudgmental manner
- Trauma-Informed interviewing techniques
- Understanding cultural perceptions and common myths of sexual assault/abuse
- Responding officer duties
- Report writing
- Recognizing special sensitivities of victims due to: age, including those under the age of 13; gender; or other qualifications (P.A. 100-910)
- Applicable Illinois sexual assault/abuse laws

Any Certified training course that contains all of the above would be eligible to comply with the mandate.

## Key Use of Force Guidelines

In order to assist law enforcement agencies in accessing the widest possible variety of in-service mandated **Use of Force** Training, the Training Board has outlined the types of in-service training that would meet the requirement. Officers shall complete 30 hours of training every 3 years, including training in Use of Force. The **Use of Force Training shall include:**

- at least 12 hours of hands-on, scenario-based role-playing
- at least 6 hours of instruction on use of force techniques, including the use of de-escalation techniques to prevent or reduce the need for force whenever safe and feasible
- at least 6 hours of training focused on high-risk traffic stops
- specific training on the law concerning stops, searches, and the use of force under the 4<sup>th</sup> Amendment of the US Constitution (including knowledge of policies and laws regulating the use of force)
- specific training on officer safety techniques, including cover, concealment, and time

Any certified training course that contains any of the following **Use of Force** Guidelines would be eligible to comply with the mandate:

- Use of Force Law course--the course must include:

Illinois Use of Force Laws 720 ILCS 5/7 et. Seq.

- 5/7-1 Defense of Person
- 5/7-2 Defense of Dwelling
- 5/7-3 Defense of Other Property
- 5/7-4 When the justified Use of Force in 7-1, 7-2, and 7-3 is Not Available
- 5/7-5 In Making an Arrest (Peace Officer)
- 5/7-5.5 Prohibited Use of Force by Peace Officer
- 5/7-6 Private Person in Making an Arrest
- 5/7-8 What is Deadly Force
- 5/7-9 Prevention of Escape
- 5/7-15 Duty to Render Aid
- 5/7-16 Duty to Intervene

Protections of the U.S. Constitution (specifically the 4<sup>th</sup> and 8<sup>th</sup> Amendments)

- Reasonable Use of Force (both at time of the arrest and once arrestee is in custody)
- Due Process
- Investigative (Terry) Stops
- Search warrants

Ethical Issues

- Excessive Use of Force
- Civil Liability

- High-Risk Traffic Stops course—at least 6 hours and the course must include:

- Traffic Stop considerations
- Vehicle Tactics
- Officer safety techniques (including cover/concealment utilization)

- Use of Force/De-Escalation Techniques course—at least 6 hours

Lethal and Non-Lethal Force

- Active Shooter

- Firearms Training

- Officer Involved Shootings

- Simulation Training

- Electro-Muscular Disruption

- OC Spray

- PPCT

- Concealed Carry (retired officers and civilians)

De-escalation Training