

TITLE 20: CORRECTIONS, CRIMINAL JUSTICE, AND LAW ENFORCEMENT
CHAPTER V: ILLINOIS LAW ENFORCEMENT TRAINING STANDARDS BOARD

PART 1725
INTERN TRAINING PROGRAM

SUBPART A: GENERAL PROVISIONS

Section

1725.101	Purpose and Scope
1725.102	Definitions
1725.103	Veracity of Information
1725.104	Confidentiality of Information
1725.105	Board Review of Curriculum

SUBPART B: ELIGIBILITY REQUIREMENTS

Section

1725.201	Participation in the Program
EMERGENCY	
1725.202	Minimum Background Requirements
1725.203	Cognitive Testing
1725.204	Psychological Testing
1725.205	Background Investigation
1725.206	Drug Testing
1725.207	Wellness Standards
EMERGENCY	
1725.208	Cooperation with the Board
1725.209	Financial Responsibility

SUBPART C: ADMISSION AND COMPLETION REQUIREMENTS

Section

1725.301	Application
1725.302	Filing Date of Application
1725.303	Failure to Provide a Complete Application or Additional Information
1725.304	Board Review of Application
1725.305	Signatures on the Application
1725.306	Final Board Decision
1725.307	Training Standards
1725.308	Minimum Curriculum Requirements
1725.309	Certification of Facilities
1725.310	Standards and Requirements
1725.311	Minimum Requirements of the Intern

EMERGENCY

1725.312 Procedures for the Administration of the Law Enforcement Intern Certification Examination

1725.APPENDIX A Physical Fitness Standards

EMERGENCY

AUTHORITY: Implementing the Law Enforcement Intern Training Act [50 ILCS 708] and authorized by Section 10 of the Illinois Police Training Act [50 ILCS 705/10].

SOURCE: Adopted at 37 Ill. Reg. 3051, effective February 26, 2013; emergency amendment at 47 Ill. Reg. _____, effective _____, for a maximum of 150 days

SUBPART B: ELIGIBILITY REQUIREMENTS**Section 1725.201 Participation in the Program
EMERGENCY**

To be eligible to participate in the Intern Training Program, a person must meet the requirements set forth in Section 6.2 of the Police Training Act, the Intern Training Act, and this Part.

(Source: Emergency amendment at 47 Ill. Reg. _____, effective _____, for a maximum of 150 days)

Section 1725.207 Wellness Standards**EMERGENCY**

- a) Each Program applicant shall successfully complete the Board's physical fitness tests before being allowed to enter the Program.
- b) Prior to being allowed to attempt any part of the POWER test, an applicant shall provide in writing to the Board, on a form approved by the Board, a medical release and authorization report signed by a licensed physician that indicates that the applicant is medically fit to take the POWER test.
- c) Each person who wishes to enter the Program shall be required to perform and successfully complete all of the Board's physical fitness tests in the sequence delineated in this subsection (c). Each applicant shall meet the standards defined in Appendix A for the following tests in the following order:
 - 1) sit and reach;
 - 2) one minute sit-up;
 - 3) benchpress standard;
 - 4) 1.5 mile run.
- d) A Program applicant who fails to complete the requirements set forth in this Section shall not be eligible to proceed with the Program.
- e) A Program applicant shall be allowed to complete the requirements set forth in subsection (c) at test sites approved for the Program within 10 days prior to the beginning of the Program.
- f) Within the final week of the academy, the recruit must complete the sequence of Appendix A again and the results of these tests must be shared with the Board for analysis.

(Source: Emergency amendment at 47 Ill. Reg. _____, effective _____, for a maximum of 150 days)

SUBPART C: ADMISSION AND COMPLETION REQUIREMENTS

**Section 1725.311 Minimum Requirements of the Intern
EMERGENCY**

- a) Regular attendance at all sessions is required. However, excused absences may be granted by the director of the academy under certain limited circumstances beyond the intern's control, which may include, but shall not be limited to, a death in the family, illness, disability, or a transportation breakdown. In order to successfully complete the course, absences shall not exceed 10 percent of the total hours of instruction for any course of instruction.
- b) Maintenance of an adequate classroom notebook is required. "Adequate", for purposes of this subsection, refers to:
 - 1) Neatness. Concise organization of the notes. All notes and handouts will be placed in the book received during the course. Division into topics is required;
 - 2) Legibility. Recording of notes in brief, clear, complete sentences, underlining the important items;
 - 3) Accuracy. The notes taken in class must precisely reflect the content of the class; and
 - 4) Sufficiency of Content. Recording in the intern's notebook should be in the intern's own words. The intern should strive to achieve condensation of the material clearly and concisely.
- c) Qualification in the use of firearms as required by the Peace Officer and Probation Officer Firearm Training Act [50 ILCS 710] is required.
- d) An overall average of 70 percent must be achieved on all written examinations given during any course of training. Separate evaluation of any skill-oriented performance requirements shall be made by the designated director of the academy on a satisfactory/unsatisfactory basis.
- e) The director of the academy shall establish standards of conduct for the intern pursuant to Section 10 of the Police Training Act. These standards shall include demeanor, deportment and compliance with the discipline and regulations of the facility or course. These standards shall be reviewed and approved by the Executive Director prior to implementation.

- f) Each intern shall provide, on a form prescribed by the Board, certification that he or she is a person of good character and has not been convicted of a felony offense or a crime involving moral turpitude. An intern shall immediately notify the Board in writing of all arrests and convictions while the intern is undergoing intern training.
- g) Each intern will bring such equipment and clothing to training sessions as is required by the Board and/or academy.
- h) Interns must comply with all other requirements set by federal or State law, including, but not limited to, having a Firearm's Owner Identification card and valid State of Illinois driver's license.
- i) An intern shall pass the State Certification Examination to qualify as a Certified Law Enforcement Intern under the Act, except as is otherwise provided for in the Act.
 - 1) The test shall be in writing or conducted electronically. It shall be administered by the staff of the Board or other testing company or association expressly authorized by the Board;
 - 2) The Board will establish a minimum passing score and ensure that the score reflects the knowledge and competency of the intern for law enforcement work. The minimum passing score will be established within the range of 60 to 80 percent of the total score. At the beginning of each training program, the minimum passing score will be announced. Beginning December 15, 2022, the minimum passing score shall be 66%;
 - 3) The content of the test for interns may include, but not be limited to, material in the areas specified in Section 7(b) of the Police Training Act and subjects covered in the Peace Officer Firearm Training Act;
 - 4) The content of the test for interns may include, but not be limited to, materials in the areas specified in 20 Ill. Adm. Code 1725.202; and
 - 5) The Board periodically will review the content of the exam and minimum passing score to ensure they are current and reliable.

(Source: Emergency amendment at 47 Ill. Reg. _____, effective _____, for a maximum of 150 days)

Section 1725.APPENDIX A Physical Fitness Standards

EMERGENCY

1. **SIT AND REACH TEST:** This is a measure of the flexibility of the lower back and upper leg area. It is an important area for performing police tasks involving range of motion and is important in minimizing lower back problems. The test involves stretching out to touch the toes with extended arms from the sitting position. The score is reflected by the inches reached on a yard stick with 15" being at the toes.

	MALE AGE	MALE AGE	MALE AGE	MALE AGE		FEMALE AGE	FEMALE AGE	FEMALE AGE	FEMALE AGE
TEST: Sit and Reach	20-29	30-39	40-49	50-59		20-29	30-39	40-49	50-59
Academy Entrance:	14.4	13.0	12.0	10.5		17.0	16.5	15.0	14.8

2. **1 MINUTE SIT-UP TEST:** This is a measure of the muscular endurance of the abdominal muscles. It is an important area for performing police tasks that may involve the use of force and is an important area for maintaining good posture and minimizing lower back problems.

	MALE AGE	MALE AGE	MALE AGE	MALE AGE		FEMALE AGE	FEMALE AGE	FEMALE AGE	FEMALE AGE
TEST: One Minute Sit Up Test	20-29	30-39	40-49	50-59		20-29	30-39	40-49	50-59
Academy Entrance:	33	30	24	19		24	20	14	10

3. **1 REPETITION MAXIMUM BENCH PRESS:** This is a maximum weight pushed from the bench press position and measures the amount of force the upper body can generate. The score is reflected by the ratio of weight pressed to body weight.

	MALE AGE	MALE AGE	MALE AGE	MALE AGE		FEMALE AGE	FEMALE AGE	FEMALE AGE	FEMALE AGE
TEST: Bench Press	20-29	30-39	40-49	50-59		20-29	30-39	40-49	50-59
Academy Entrance:	88%	78%	72%	63%		51%	47%	43%	39%

4. **1.5 MILE RUN:** This is a timed run to measure the heart and vascular systems' capability to transport oxygen. It is an important area for performing police tasks involving stamina and endurance and to minimize the risk of cardiovascular problems. The score is in minutes and seconds.

	MALE AGE	MALE AGE	MALE AGE	MALE AGE		FEMALE AGE	FEMALE AGE	FEMALE AGE	FEMALE AGE
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TEST: 1.5 Mile Run	20-29	30-39	40-49	50-59		20-29	30-39	40-49	50-59
Academy Entrance:	14:00	14:34	15:24	16:58		16:46	17:38	18:37	20:44

(Source: Emergency amendment at 47 Ill. Reg. _____, effective _____, for a maximum of 150 days)